

Department Of Kayachikitsa

Integrated oncology policy

Background and Rationale: Ayurveda, an ancient system of medicine originating from India, emphasizes balance in the body's energies (doshas), lifestyle modifications, and natural remedies. Integrating Ayurveda into oncology care can offer complementary therapies to support cancer patients through their treatment journey.

Objectives:

- 1.To bring Practitioners of different System of Medicine under one platform to join hands for efficient Cancer care.
- 2.To Develop Screening Strategy as per Ayurveda in order to diagnose as per ayurveda
- 3.To contribute in improving quality of Cancer patients.
4. To Establish Supportive therapy, Facilitating to reduce side effects of Conventional treatment.

Participating Department:

Kayachikitsa & Oncology SMBT IMS & RC

Consultant:

Ayurveda Physician: Dr Warungase Hiranman / Dr. Mayuri Patil

Medical Oncologist: Dr Lovin Wilson

Schedule: OPD- Every Thursday, Joint Clinic- Every Tuesday

Timeline: Started on 25th May 2023

Ayurvedic Assessment and Diagnosis: Ayurvedic practitioners can perform a detailed assessment of the patient's constitution (Prakriti) and imbalances (Vikriti) to understand the root cause of the disease. Integrating Ayurvedic diagnostic techniques such as pulse diagnosis (NadiPariksha) alongside modern diagnostic methods can provide a comprehensive understanding of the patient's health.

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Personalized Ayurvedic Treatment Plans: Develop individualized Ayurvedic treatment plans based on the patient's constitution, the type and stage of cancer, and other health considerations. Incorporate Ayurvedic therapies such as Panchakarma (detoxification procedures), herbal medicines, dietary modifications, and lifestyle changes to enhance overall well-being.

Collaborative Care: Facilitate collaboration between Ayurvedic practitioners and conventional oncologists to ensure a coordinated and comprehensive treatment approach. Regular communication and sharing of patient information between the Ayurvedic and oncology teams can optimize patient care.

Symptom Management: Utilize Ayurvedic therapies to manage symptoms and side effects of cancer treatments, such as nausea, fatigue, pain, and emotional distress. Herbal formulations and dietary recommendations can be tailored to alleviate specific symptoms associated with cancer and its treatment.

Nutritional Support: Emphasize Ayurvedic dietary principles to support the nutritional needs of cancer patients. Ayurvedic nutrition focuses on individualized dietary plans based on the patient's constitution and the nature of the disease.

Mind-Body Practices: Integrate Ayurvedic mind-body practices such as yoga, meditation, and Pranayama (breath control) to address the psychological and emotional aspects of cancer care. These practices can help manage stress, improve mental well-being, and enhance the overall quality of life for cancer patients.

Educational Programs: Offer educational programs for patients, caregivers, and healthcare professionals to promote awareness of the integrated approach and the benefits of combining Ayurveda with conventional oncology.

Research and Evidence-Based Practice: Support and conduct research to establish the effectiveness and safety of integrated oncology approaches, combining Ayurveda with evidence-based conventional treatments.


HOD

Department of Kayachikitsa

HOD & PROFESSOR

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